



## HOCKEY LAC ST-LOUIS REGIONAL CHAMPIONSHIPS 2010

These rules apply to the Regional Championships of the Lac St-Louis Region. They are an addition to or a clarification of the Hockey Canada, Hockey Quebec and Regional Leagues rules and regulations. All members must abide by them.

### FORMAT

#### **CH-01**      Novice A-B-C, Atom A-B-C, Pee-Wee A-B, Bantam A-B and Midget A-B.

A false double elimination format will be used.

#### Atom BB-CC, Pee-Wee AA-BB-CC, Bantam AA-BB-CC, Midget AA-BB-CC and Girls Hockey.

A double elimination will be used except for the final.

#### Junior AA-A-B.

Best of three series with Franc Jeu. When necessary, 5 minutes overtime rule applies (even for the semi finals and finals series.) HQ 9.7.1 and 9.7.2

### GAMES

#### **CH-02**      **LENGTH OF GAMES**

#### Novice A-B-C, Atom BB-CC-A-B-C, Pee-Wee A-B, Bantam A-B, Midget A-B and Girls Hockey.

All the games are stop time. A two minutes warm-up will be allowed before each game.

1<sup>st</sup> period of ten (10) minutes stop time.

2<sup>nd</sup> period of ten (10) minutes stop time.

3<sup>rd</sup> period of ten (10) minutes stop time.

**Pee-Wee AA-BB-CC, Bantam AA-BB-CC, Midget AA-BB-CC and Junior AA-A-B.**

All the games are stop time. A five minutes warm-up will be allowed before each game.

1<sup>st</sup> period of ten (10) minutes stop time.

2<sup>nd</sup> period of fifteen (15) minutes stop time.

3<sup>rd</sup> period of fifteen (15) minutes stop time.

**CH-03 HOME AND VISITOR**

Home and Visitor will be determined in the schedule, with the exception of the semi-final and final games where a draw will be done.

**Draw Procedure** (*Except for Junior AA-A-B and Atom AF-BF series*)

One (1) hour before the game, a representative from each of the two (2) teams and a representative from the host organisation will proceed with the draw. The winner of the draw will have the choice to be home or visitor.

The home team will wear light sweaters, will use the receiving bench and will dress in the designated room. In the event of a dispute, the final decision will be taken by the hosting organisation committee.

**CH-04 TIME OUT**

A thirty (30) second time out per game is allowed during the regional.

**CH-05 SEVEN (7) GOALS SPREAD**

The game will be stopped by the referee, if a team gets a difference of seven (7) goals on its opponent after two (2) periods of play.

**CH-06 OVERTIME (Except round robin)**

After Franc Jeu been applied, when the games have to be completed and we have to go into overtime, rules 9.7.1, 9.7.2 and 9.7.3(*not for best of 3 series*) of the Administrative Rules book of Hockey Québec must be in force.

**CH-07 ICE RESURFACING**

The ice surface will be done after each game. Teams must be ready as soon as the preceding game is over.

**BINDER VERIFICATION AND MEMBER ELIGIBILITY**

**CH-08** During the Regional Championships, all teams must produce a complete verification binder. (Réf. 9.10.10, Hockey Quebec). Players and coaches must sign the appropriate form prior to each game.